THE DUKES DESK NEWLY BROKEN UP

Wherein is discovered
Divers Rare Receipts both of Physick and Surgery, good for Men Women, and Children.

Together with severall Medicines, to prevent and cure the most Pestilent Diseases in any Cattell.

By *William Lovell* Gent. and Traveller.

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THE DUKES DESK

Newly broken up, &c.

A Remedy againſt the Plague, ſent the Lord Mayor of London, by King Henry the Eight.

TAke a handful of Sage, a handful of Herb-grace, a handfull of Elder leaves, a handfull of red bramble leaves, ſtampe and ſtraine them through a fine cloth with a quart of White wine, and then take a quantity of Ginger, & mingle them together

together and take a ſpoonfull of the ſame, and you ſhal be ſafe for twenty four dayes; nine times taking of it is ſufficient for a whole year, by the grace of God. And if it be ſo that the party be ſtrucken with the plague before he hath drunk this Medicine, then take the water of Scabios a ſpoonfull, of water of Bettony a ſpoonfull, and a quantity of fine Triacle: And put them all together and cauſe him to drink it, and it will expell all the venom. If the botch appear, then take the leaves of Brambles, and Elder leaves, Muſtard-ſeed, and ſtam them together, and make a Plaiſter thereof, and lay it to the ſore, and that ſhall draw out the venome, and the Party ſhall be whole by the grace of God.

A *Medicine that was taught King* Henry *the Seventh by his Phyſitian, againſt the* Peſtilence.

Take of Rue, Mandragories, Featherfewl Sorrell, Burnet, of each half a handfull, of drops and roots of Dragons, a like quantity: Waſh them clean and ſeeth them with a ſoft fire in running water, from a pottle to a quart, and then ſtrain them

to

together through a clean cloth, and if it be bitter, put thereto a quantity of sugarcandy, or sugar; and if this medicine be used before the Purples do arise, ye shall be whole by Gods grace.

For the plague in the guts in man.

Take the skull of a man or woman, wash it clean, then dry it in the Oven after your bread is drawn, beat it to powder, and boil it in possit drink, then let the party drink thereof morning and Evening, or as oft as need requireth; it is an approved Remedy.

Mr Bakers *Medicine for the Cough of the Lungs.*

Take three pints of running water, half a pound of *Portugal* Sugar, with nine figs, and halfe a spoonful of Anni-seeds bruised, a handfull of Raisons of the Sun clean washed and stoned, a penny worth of Maiden haire; let all these boile together, untill the one half and more be boyled away, then strain them thorow a fine cloath, and every morning drink

two ſpoonfull of it luke-warme, and you ſhall find preſent remedy. *Probatum.*

For a Tetter.

Take the Gum of Cherry tree and lay it in Vinegar ten dayes, then anoint the Tetter therewith.

To cleanſe the Stomaeke and make ſweet the breath.

Take Roſemary and boyle it in White-wine, and drink thereof three mornings faſting, it helpeth forgetfulneſſe, and profiteth the Wit.

A Medicine to dry a ſore.

Take Mutton Suet, and melt it, and ſtrain it, and make thereof a Salve.

To skin a ſore.

Take new Milk and Allum, dip a cloth therein, and lay it upon the ſore.

For all kind of Paulſies in the Hands.

Take ſmall Spike both the flower and the

the ſtemme, diſtill it and waſh the plac grieved, and the hinder part of the Neck.

For Worms, Boyles, & Botches.

Take roſemary, and eat it faſting with bread and honey, and you ſhall have no Wormes, Boyls, nor Botches.

For the Tooth-ach.

Take roſemary ſtalks and burne them to Coals, and put them into a new linnen cloth, and rub the teeth therewith, and if there be any Wormes in them, they ſhall dye, and it ſhall keep the teeth from all paine.

For a ſore Throat.

Take Gallenbines, and a Silkſoyle, and ſtamp them and boyle them together, and ſtrain them with milke, and drink it very warme.

For a Canker in the mouth.

Take a flower-Deluce root, waſh it and ſlice it, and a leaves of Penny-royall, lay them in ſteep in Conduit water, waſh the mouth with the water, and you

ſhall find preſent remedy. *Probatum.*

Another for the Cough, or ſtopping of the breath.

Take Sirrop of Horehound, of Hyſop, of Liquoriſh, of each an ounce, & take thereof every morning a ſpoonfull or two.

For the hardneſſe of the ſpleen.

Annoint the ſpleen with the Oyle of Maſtick, made of Maſtick it ſelf.

For a ſtich

Take Cammomile, and make it dry between two diſhes, on a Chafingdiſh of coals, and ſo bind it to the place.

Another for the ſame.

Take bread, and make a toaſt thereof, then crumble it, and fry it with honey and ſalt, and lay it hot to the place.

For windineſs, or weakneſs of the ſtomack.

Take new bread, toaſt it a little, then ſoak it all night in Hypocriſt, and eat it in the morning faſting.

For

For the Yellow Jaundice

Take the inner bark of a Barbary tree, and ſeeth it in milk, and drink t.

Another for the ſame.

Take Turmerick, and Engliſh ſaffron, and drink them in Ale.

To ſtop bleeding at the Noſe.

Take Comfrey, and put it into the noſtrils, or receive the ſmoke thereof.

For burning.

Take the dropping of Bacon. and lay thereon.

For the Piles.

Take black wooll, and black Sope, and bind it thereto.

To remove a Diſeaſe from the ſtomack.

Drink a quantity of Dragon water, or water Imperial, mingled with Triacle or Mithridatum.

For one that is poyſoned.

Take green Rue, waſh it and temper it with white-wine, give it to him to drink.

A preſent remedie for an Ague.

Take two ounces of bay-ſalt, two ounces of white Frankinſence, and a handfull of Smallage, beaten together, and lay it to the writt of the hands two hours before the fit do come.

For ſpitting of blood.

Take Smallage and Mints, Rue, and bettony, and ſeeth them in good Milk, and ſup it warme.

For the pain in the Backe.

Take Sage, Roſemary, Cammomile, of each of them a handfull, then ſtamp them together and frye them in May-butter, and anoint the back therewith warme.

For a Canker in the mouth.

Take the Juice of Plantaine, Vinegar, and water of Roſes, and waſh the mouth therewith.

For a ſore Breaſt.

Take Groundſell and chop it ſmall, the grounds of ſmall Beer, and wheaten bran, and Sheeps ſuet beaten in a Morter, and boyle them altogether, and lay it to the breaſt.

For

For a weak ſtomacke.

Seeth centory in fair clean water, and let the ſick drinke thereof luke-warm nine ſpoonfulls at a time, it purifieth the breaſt and ſtomacke.

For the Worms.

Take a ſpoonful of the Syrup of Wormewood, with a ſcruple of Aloes.

For the ſtone Collicke.

Take a head of Garlick, roaſt it in the Embers, clean it and beat it in a diſh with a rouling pin, put thereto a good quantity of Pepper, then take of unſalted butter clean waſhed, as much as both Garlick and Pepper, mix them well together and make pills thereof, as big as may conveniently be ſwallowed, roule them in nutmeg and ſugar, then take one, if that eaſe not, take a ſecond, at moſt but a third faſting; half an hour after; then take a toaſt and butter it well on both ſides with freſh butter, put it into a pint of the ſtrongeſt Ale you can get, being ſoaked, eat the toaſt firſt, then drink the Ale, and by the help of God it ſhal cure young and old.

For the Dropſie.

Take Pills made with Aloes, Jalup and

and Honey; every day take broth made with Veal and Scurvey-Grass boyled in it; let your meat you eat be rosted dry, and all the other dyet as dry as you may; refrain drink as much as you may, but what you drink let it be the best.

To make one sleep.

Take Lettice and pound them, and wring out the Juice, and drink it.

To stop a loosnesse.

Make a pap of bean flower, and put thereto powder of Cinnamon.

For a Felon.

Take May-butter and temper it with a little Barley flower, or bean flower and new yellow wax, with a little Rozen, and make it in forme of a plaister.

To stay the Flux.

Take Ising-glasse, and boil it in broth, and give the Patient to drink.

Medicines

Medicines for the Cattell.

For the plague in the Gutts of Horſes.

TAke a piece of a Horſes Skull dryed to a powder, halfe an ounce, a handful of bay-ſalt, a handfull of Rue dryed to powder, and brew them together in three pints of Ale, make it blood-warm, and then drench the Horſe therewith, but firſt let him blood in the mouth.

To prevent the plague in the Guts

So oft as you give them Provinder, throw into it ſalt and rue ſhred ſmal.

For the Staggers & Yellowes.

Give him a handfull of bruiſed Hempſeed in a pint of White-wine, but firſt let him blood, then ride him till he be warm, and merſh him after.

For the Scratches.

Beat green Coperas and mix it with black ſope, or take butter and barrowes greaſe with brimſtone, mix them and apply it as hot as you can without ſcalding.

For the Bots.

Chop wild Mints and give it in milke.

For

For the Bots and Wormes.

Give him a quart of cold wort, and let him ſtand meatleſſe all that night.

For the Farey or by ſome called the Farcion in a horſe.

The farcy cometh of the great abundance of blood, therefore you muſt let him blood on both ſides of the Neck, a hand breadth from the head then take a gallon of fair water, and put thereto a handfull of ſalt, three handfuls of Mallows, two handfuls of Rew, one pound of hempſeed, bruſe all in a morter, then ſeeth them till the huſk be waſted, and give it him to drink, then to the outward ſore apply one ounce of the oyle of Terpentine, one ounce of the oyle of Petre, chafe it well in, and it cureth.

For a ſtrain in the paſtorn joynt.

Take a quat of brine and boyl it till the ſcum ariſe, then ſtrain it, and put thereto a handful of Tanſey, a handful of Mallows, & three ſpoonful of hony, four ounces of ſheep ſuet, boyl them till the herbs be well ſoden, then apply it very hot to the place grieved, and ſow a cloth over it, and it ſhall be ſound in three dayes.

For

For the graveling in the foot of a Horſe.

Cut the hoof till you can find the ſore, then take one ounce of Virgins wax, one quarter of an ounce of Rozen, as much Dear Suet, half an ounce of Bores greaſe, one head of Semgreen, bruiſe all theſe in a Morter, and ſet it over the fire till it be melted, then apply it to the horſe foot, ſpare not to travail him, for it ſhall heal him.

For to make a horſe follow his keeper, or Maſter.

Take a pound of Oatmeal, four ounces of hony, half a pound of Lunary, and make a bag thereof, wear it next your skin, walk therewith till you ſweat, then wipe the ſweat with the bag, keep the Horſe from meat a day & night by force, then give him the things in the bag to eat, let him looſe and he will follow the keeper whereſoever he goeth.

For the Murrain in Cows, Oxen, or ſuch Cattle

Thoſe that are infected, firſt cut off the tip of the Eare, then take the leaves of Bares-foot dried and beaten to powder, as much as will lye on a ſhilling, and a quart

quart of milk, brew it together, and ſo drench therewith blood-warm.

To prevent the Murrain.

Run a Bodkin through the double skin that hangeth at the breaſt of the beaſt, put therein a root of bares foot, and let it abide.

For the Murrain in Pigs.

If they are infected, drench them with Rue dryed to powder, and given in milk, then let them blood in the ear or taile.

To prevent the Murrain.

Run a bodkin into the biggeſt vein of the Ear, inward towards the Head, then put in the root of bares foot, and let it remain.

For a ſheep that hath a riſing in the flanck.

Run a bodkin into it an Inch, and no more, it is a preſent remedy.

Theſe Receipts have been peruſed and approved of by divers Practitioners in Phyſick, eſpecially by Mr. Iohn Ponteus: *and are printed for the good of the Kingdome.*

FINIS